# **Gravity and Balance**

Newton's Toy Box Activity 2 gravity, gravity support force, newton, pound, weight

#### What forces are acting on you right now?

One of the forces acting on you is gravity.

**Gravity** is the force pulling objects toward the center of Earth.

But you're not falling, because there is a force opposing gravity-the **gravity support force**.

## **Force Diagram**

## gravity force (downward)

-equal length arrows indicateequal/balanced forces-direction of the arrows indicatedirection of the force



gravity support force (upward)

## **Using a Spring Scale**

A spring scale measures force in newtons (N).

- Hold the spring scale from the top.
- Make sure the area you are reading a measurement from is at eye level.
- Zero out the scale using the screw at the top.
- Attach the object to the hook.
- Make sure the spring scale and object are not touching the table.
- Know what the measurement values are.

## **Newtons and Pounds**

**Weight** is the strength of gravity force pulling down on an object.

It is measured in **newtons** (N) in the metric systems and **pounds** (Ib) in the US customary system.

1N=0.225 lb; 1lb=4.45N

### **Converting Newtons and Pounds**

1N=0.225 lb; 1lb=4.45N

Since 1 lb = 4.45 N,

a 100 lb person weighs 445 N

(because  $100 \times 4.45 = 445$ )

How many N does a 150lb person weigh?

#### **Converting Newtons and Pounds**

How many N does a 150lb person weigh?

1N=0.225 lb; 1lb=4.45N

Since 1 lb = 4.45 N,

a 150 lb person weighs 667.5 N

(because  $150 \times 4.45 = 667.5$ )